

Ballyrunners

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Summary: This paper describes the author's experience of the development of an initiative in the Ballymun area¹ that began as a simple idea of engaging young people in structured activities over the summer months and grew into a 10-week accredited health and fitness programme called 'Ballyrunners'. The programme was facilitated by existing interagency networks.

Keywords: Young Persons Probation, Equal Youth, Ballyrunners, Probation, Inter-agency, Activity.