

From Research to Practice: The Development of the Internet Sex Offender Treatment Programme (i-SOTP)

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Summary: The phenomenal growth in Internet-related sexual offending has proved a challenge for those providing intervention programmes to address this new form of sexual offending behaviour. This article describes the research that underpinned the development of the Internet Sex Offender Treatment Programme (i-SOTP). It explores similarities and differences between viewing behaviour and contact sexual offending, identifies treatment needs and describes the model of change upon which the treatment programme is based.

Keywords: Problematic Internet use, sex offender treatment, child pornography.